



**Renal Access Clinic of Houston**  
*Caring for Your Dialysis Lifeline*

**PRE-Operative Instructions for Diagnostic Procedures: Venogram,  
Angioplasty and Thrombectomy (Declot)**

Please follow instructions prior to your appointment Day of Procedure:

1. **Do NOT** eat or drink anything 4 hours prior to your scheduled appointment!  
(this is due to possible use of sedation during procedure)
2. **Do NOT** take any diabetic medication the morning of your procedure.  
Assistance will be provided to properly maintain blood glucose levels.
3. Please bring all of your medications with you.
4. Bring a responsible adult to accompany you after the procedure. You will  
NOT be allowed to drive if you are sedated during your procedure.
5. You may experience a delay in starting your procedure. We appreciate  
your patience; as we receive emergencies from many dialysis centers.

Please do not hesitate to contact our Head Nurse at **713-838-2300** if you have any questions.

Thank you so much for choosing Texas Renal Access Clinic of Houston for your care.

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