



Renal Access Clinic of Houston
Caring for Your Dialysis Lifeline

Pre-Operative Instructions for Catheter Insertion/Exchange

Please follow instructions prior to your appointment Day of Procedure:

1. **Do NOT** take any sort of blood thinners for **48 hours** prior to your procedure. (Examples include Aspirin, Coumadin, Wafarin) *If you have any questions regarding your medications, please check with your primary physician, kidney doctor and/or cardiologist.*
2. Do NOT eat or drink anything 4 hours prior to your scheduled appointment! (this is due to possible use of sedation during procedure)
3. Do NOT take any diabetic medication the morning of your procedure. Assistance will be provided to properly maintain blood glucose levels.
4. Please bring all of your medications with you.
5. Bring a responsible adult to accompany you after the procedure. You will NOT be allowed to drive if you are sedated during your procedure.
6. You may experience a delay in starting your procedure. We appreciate your patience; as we receive emergencies from many dialysis centers.

We know you have a choice in your healthcare and appreciate the opportunity to be a part of that process. All of us at the Renal Access Clinic of Houston and Southeast Texas Renal Center thank you and wish you well

Please do not hesitate to contact our Head Nurse at **713-838-2300** if you have any questions.
Thank you so much for choosing Renal Access Clinic of Houston for your care.

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