

Peripheral Vascular Disease Clinic of Houston

PRE PROCEDURE INSTRUCTIONS FOR ENDOVENOUS ABLATION

Patient name: _____ Date of Procedure: _____

Time of Procedure: _____ Arrival time: _____

- Please arrive 1 hour before your procedure time. You will be given medication by mouth to relax you.
- Due to medication given before your procedure, you **CAN NOT** drive home after the procedure. A responsible adult must accompany you to drive you home after the procedure. Please let us know if this is an issue. We can assist with providing transportation.
- Do **NOT** have anything to eat or drink 4 hours before your procedure time. You **CAN** take your regular medications with small sips of water. However, **DO NOT** take any diabetic medications the morning of your procedure since you will not be eating. We will provide you with something to eat and drink after the procedure.
- Tell the nurse and/or tech if you have any heart condition, arrhythmias, pace maker, allergies to medications and/or you are taking any blood thinner or antiplatelet medication such as Coumadin, warfarin, Plavix, Eliquis ect...
- Wear loose fitting comfortable clothing as you will be bandaged after the procedure. Wear easy to put on clothes and shoes. Such as t-shirt, sweat shirt, sweat pants, a skirt, big shorts or slip-on shoes. Wear an old pair of underwear to throw away because they will get iodine on them and bring an extra pair to change into after your procedure.
- You should obtain compression stockings **PRIOR** to the day of your procedure so you have them to wear the following day. Please speak with the physician assistant, nurse or ultrasound tech to order stockings.
- If you are running late or need to reschedule your procedure, please call ahead of time and inform us of any delay or rescheduling. 713-838-2300

You will have TWO follow-up appointments after your procedure. Please make every effort to make these appointments as they are important in monitoring your recovery and results of the procedure.

If you are unable to make the follow-up appointments or need to reschedule, please call 713-838-2300.

First follow-up appointment: _____

Second follow-up appointment: _____