



Please take your medications as directed with a sip of water.

****IF YOU ARE DIABETIC:** and take Glucophage, Glucovance, or Metformin, **DO NOT** take the morning of your procedure. If you take only oral medications, and your procedure is scheduled before 12:00 noon or AFTER, you may eat a light breakfast at 6:00 am and take your oral medications. Please notify our staff for all types of diabetic medications. Some medications may need to be held or changed around the time of your procedure. If you take INSULIN, you may take a HALF of your normal **INSULIN** dose the morning of your procedure.

PRE-OP ARTERIOGRAM INSTRUCTIONS

- Take all pre-procedure medications as prescribed.
- If you are uncertain about your arrival time, what medications to take, or are given any unclear instructions, please call the office at (713) 791-1633
- Plavix, Pletal, and Aspirin may still be taken before the procedure.
- If you are on Coumadin/Warfarin, we would like you to discontinue taking it 4 days PRIOR to your procedure. We will repeat INR day of procedure. Please call the doctor that orders this medication for you, and ask if he/she will allow you do so in preparation for this procedure. Please write down when your doctor allows you to **STOP COUMADIN**_____
- Have someone drive you to and from the procedure.

POST-OP ARTERIOGRAM INSTRUCTIONS

- Some discomfort, bruising and soreness is to expected following the procedure. If you are bleeding, or have severe pain, call 911 or go to the nearest emergency room.
- Light activity and no heavy lifting for 2 weeks.
- You may resume your pre-procedure medication schedule.
- Keep the incision area dry and clean for 5 days following the procedure
- Keep all follow-up appointments with our office and your referring physician
- No driving for 24 hours