



Renal Access Clinic of Houston
Caring for Your Dialysis Lifeline

POST-Operative Instructions for Diagnostic Procedures: Venogram, Angioplasty, and Thrombectomy (Declot)

1. The day you have your procedure, avoid any strenuous activity that could cause pressure and possibly lead to bleeding (i.e. heavy lifting, exercising)
2. It is not unusual to have some irritation, slight swelling and/or redness at the cannulation sites following your procedure. To help with any discomfort you may experience, do the following
 - You may apply “wet heat” for first 24 hours to the site. Use a wash cloth and get it wet with as hot of water as you can tolerate and lay on access until cool. Do this once an hour while awake to help with discomfort.
 - Take Tylenol for mild pain.
3. Watch for bleeding from the cannulation sites just as you would on a day after dialysis. If the site begins to bleed, apply constant pressure for at least 30 minutes to 1 hour until bleeding stops. If you are unable to get the site to stop bleeding, call 911 and have them take you to the nearest emergency department.
4. Contact your kidney doctor. if you experience the following:
 - excessive bleeding from sites
 - excessive swelling, heat or pain at the sites
 - chills or fever over 101 degrees occurring within 24 hours of procedure.
5. The sutures at the cannulation sites can be removed in 1 to 2 days at the dialysis clinic. They DO NOT need to remain in for longer than 2 days!!! If you have any problems with the dialysis clinic removing the sutures, have them call us or you may stop by the office and we can remove them for you.
6. Always monitor your access for the thrill (the rumbling feeling when you touch it) and report any absence of this thrill to your dialysis clinic.

We appreciate your efforts in helping us to assist you. Please do not hesitate to contact our Head Nurse at **713-838-2300** if you have any questions.

Thank you so much for choosing Renal Access Center for your care.

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